

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Alison Redmond

Has successfully participated & completed the

5km Ezemvelo Trail Run Challenge 2019

held at Ezemvelo Nature Reserve.

**TIME** 00:51:41

**PACE** 10:19/km

**OVERALL** 32 of 53

20 October 2019, Sun

Date

**GENDER** 14 of 33

**50 - 59** 2 of 2



BoutTime

Signature